

Daylight Savings Time

How much of a disruption to you is adjusting the time forward one hour in the spring?

13%
major
disruption



28%
minor
disruption

55% no disruption

The results are based on data collected from telephone interviews conducted March 2-5, 2017 by Princeton Survey Research Associates International (PSRAI) among a national sample of 1,003 U.S. adults age 18 or older, including 502 cell phone interviews.

PSRAI is an independent full service research firm. Our Omnibus survey is a dual-frame telephone survey conducted regularly among a nationally representative sample of U.S. adults. An omnibus survey allows multiple clients to add questions to one questionnaire, sharing many of the costs associated with telephone interviewing. This is an economical way to collect data of a nationally representative sample without the expense of running a custom survey. For more information, please contact us at research.nj@psrai.com or visit our website at www.psrai.com.